

# SHORT TERM ACCOMMODATION



## WHAT IS IT?

Short Term Accommodation (STA), including respite, is support for when you need to live out of home for a short period.

Short Term Accommodation (STA), including respite, is funding for support and accommodation for a short time away from your usual home. It covers the cost of your care in another place for up to 14 days at a time. You might have a short stay with other people, or by yourself. It's often funded when your usual carers aren't available, or for you to try new things.



## WHAT DOES IT INCLUDE?

The cost covers all of the below and is paid at a daily rate.

- Personal care
- Accommodation
- Food
- Activities you and the provider agree to



## HOW IS IT FUNDED?

STA is funded through your Core budget. Funding can be used to pay for STA if it helps you pursue your goals.

## WHAT IT ISN'T FOR?

STA is not for housing crisis situations or holidays. It can only be funded when the need relates to your disability.

## WHAT THE NDIA WILL ASK WHEN MAKING A DECISION ABOUT FUNDING STA

- The need for Short Term Accommodation is related to your disability.
- It helps you pursue your goals.
- It helps you to participate in the community.
- It's value for money.
- How much support your family and other informal supports provide.



# THE 5 KEY QUESTIONS YOU WILL BE ASKED

01

## IS IT RELATED TO YOUR DISABILITY?

The NDIA can only fund STA if it relates to your disability support needs, such as for respite or skill building (through activities). STA may be funded if it allows your family or informal supports to support you for longer, reduces your need for support in the future, helps you maintain functional capacity or increases your independence.

02

## DOES IT HELP YOU PURSUE YOUR GOALS?

STA needs to support you to pursue your goals. This might be something like increasing your independence or building your skills.

03

## DOES IT HELP YOU PARTICIPATE IN THE COMMUNITY?

You will need to provide examples of how STA will help you participate in the community. For example, it might help you meet new people and develop your social skills, which you can take back to your everyday life.

04

## IS IT VALUE FOR MONEY?

The STA must show good value for money. The NDIA will consider its cost and its potential benefits over time. They look at if you can share supports with other people, and how many people you can safely do this with. The NDIA rarely fund individual supports in an STA setting. This is something to think about when you are deciding what suits you.

05

## IS IT EXPECTED THAT YOUR FAMILY AND INFORMAL SUPPORTS PROVIDE CARE FOR YOU?

When deciding what supports the NDIA may fund, they also think about your informal care supports. They may fund other things that can help support your carers. They will consider the risk to you and your family's wellbeing if they continue to support you without STA, as well as how the support provided by informal carers affects your independence.

See the NDIS Short Term Accommodation or Respite Operation Guideline for more information

 **1300 467 284**

 **Pathways to Care**